

just ONE day

HOW TO MAKE A PLASTIC BAG SOCCER BALL

All over the world, children love to play soccer. But in developing countries, children do not have the luxury of owning their own soccer ball, so they make one out of local materials. The most common material used is plastic bags.

Below you will find some instructions on how to build your very own plastic bag soccer ball, just like children living in developing countries. Making a plastic bag soccer ball is a great activity for children to get a glimpse of what life is like for a child living in poverty.



HOW TO MAKE A PLASTIC BAG SOCCER BALL



WHAT YOU WILL NEED:

- 20-30 Plastic bags
- Newspaper
- String or twine



STEP 1:

Gather all your plastic bags, newspaper and string.



STEP 2:

Scrunch up some newspaper tightly for the centre of the soccer ball.



STEP 3:

Put the ball into the first plastic bag.



STEP 4:

Pull the bag tightly around the ball, then twist the end of the bag.



STEP 5:

Once you have twisted the end of the bag, cover the ball again by turning the bag over the ball the other way. Continue to do this until you have used all of the plastic bags.



STEP 6:

Neatly tie the handles of the bag together. Try not to make a bulge in your ball.



STEP 7:

Continue with this process. Try to keep the ball as round as possible by spreading out the knots.



STEP 8:

When you are happy with the size of the ball. Tie the last knot.



STEP 9:

Wrap some string or twine tightly around the ball try to spread out the string evenly and weave it where possible. This will help the ball stay secure.



STEP 10:

Once you are happy, tie the string.

YOU ARE FINISHED!
Now it's time to play!