

**Tuesday 31st March 2020**

Good morning!

Let's take confidence from James 5:16 as we pray today....

"The prayer of a righteous person is powerful and effective."

Say it over yourself, as one made righteous by God through Jesus (Romans 5:1!)

Here are 3 ways to direct our prayer focus today:

1) Every time you wash your hands, grow the habit of praying briefly - in the name and authority of Jesus - for:

"an end to the spread of the Coronavirus"

"restoration to health of xxxxx" (someone you know of who is suffering)

"a powerful move of your Holy Spirit across this nation, touching hearts, changing lives, growing trust in Jesus"

2) Pray for local and national leaders, especially in politics and healthcare - name two or three:

Place your hands on your head and ask God to give wisdom to these leaders, beyond their own wisdom, as they make decisions to protect people.

Put your hand over your ear and ask God to enable them to hear only the best of advice to guide them.

Put your hands on your shoulders and ask God to give them courage and strength beyond their own strength to carry out their responsibilities.

Open your hands in front of you and ask God to give them the ability to communicate clearly and effectively to the public.

3) Read Psalm 91 slowly, aloud, as a declaration of truth!

Psalm 91

1 Whoever dwells in the shelter of the Most High

will rest in the shadow of the Almighty.

2 I will say of the Lord, "He is my refuge and my fortress,

my God, in whom I trust."

3 Surely he will save you

from the fowler's snare

and from the deadly pestilence.

4 He will cover you with his feathers,

and under his wings you will find refuge;

his faithfulness will be your shield and rampart.

5 You will not fear the terror of night,  
nor the arrow that flies by day,  
6 nor the pestilence that stalks in the darkness,  
nor the plague that destroys at midday.  
7 A thousand may fall at your side,  
ten thousand at your right hand,  
but it will not come near you.  
8 You will only observe with your eyes  
and see the punishment of the wicked.  
9 If you say, "The Lord is my refuge,"  
and you make the Most High your dwelling,  
10 no harm will overtake you,  
no disaster will come near your tent.  
11 For he will command his angels concerning you  
to guard you in all your ways;  
12 they will lift you up in their hands,  
so that you will not strike your foot against a stone.  
13 You will tread on the lion and the cobra;  
you will trample the great lion and the serpent.  
14 "Because he loves me," says the Lord, "I will rescue him;  
I will protect him, for he acknowledges my name.  
15 He will call on me, and I will answer him;  
I will be with him in trouble,  
I will deliver him and honour him.  
16 With long life I will satisfy him  
and show him my salvation."

4) Got a story of God at work? Please email [goodnews@trinitycheltenham.com](mailto:goodnews@trinitycheltenham.com)