

Friday 15th May 2020

Good morning!

Three prayer items for today - all relating to '**life at home**' in lockdown.
Where you know people in these categories, **name them** as you pray:

1) Pray for those who are **lonely**

Whether feeling isolated on their own, or even in households with others present....

- for the close presence and friendship of Jesus
- for the comfort of the Holy Spirit
- for divine encouragement today, through contact and connection (could that be from you?)
- for a sense of purpose & hope
- for strength to make healthy choices

2) Pray for **marriages**

- for good communication
- peace where there is tension
- to handle disagreements healthily
- for the deepening of love and mutual understanding
- for fun and laughter

(The Marriage Course Online, led by Tim & Hils, will start on Thurs 28 May)

3) Pray for **households under particular pressure** from e.g. homeschooling, boredom, multiple demands, childcare challenges, fatigue, poor mental health, lack of resources....

- grace upon grace from the Lord
- good advice to be readily available & received
- good sleep & protection from illness
- healthy rhythms of work, rest & play
- the close presence of Jesus
- hope & perspective

Over our weakness and vulnerability, let's declare the Lordship of Jesus and thank him for the wonderful promise of daily help:

*"He said to me, **"My grace is sufficient for you, for my power is made perfect in weakness."** Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me."*

(2 Cor 12:9 NIV)