

Tuesday 19th May 2020

Good morning!

Don't you love that we are the latest in a long unbroken chain of saints whose lives have been touched by God? Our prayers will be uniquely our own but they so often echo the prayers of our countless relatives down the ages.

So for today - a bit different - some great prayers from some 'famous' saints of former time.....to pray over yourself and others.

1) Ephraem of Syria (306-373 AD) - worship the Lord!

"Glory to you for your love. Glory to you for your mercy.

Glory to you for your patience. Glory to you for forgiving us all our sins.

Glory to you for coming to save our souls.

Glory to you for your incarnation in the virgin's womb. Glory to you for your word.

Glory to you for receiving the cut of the lash. Glory to you for accepting mockery.

Glory to you for your crucifixion and burial. Glory to you for your resurrection.

Glory to you that you preached to men and women. Glory to you in whom they believed.

Glory to you that you were taken up into heaven.

Glory to you that you sit in great glory at the Father's right hand.

Glory to you whose will it is that the sinner should be saved through your great mercy and compassion.

Glory to you!

2) Richard of Chichester (1197-1253) — for more of Jesus!

"Thanks be to thee, my Lord Jesus Christ,

for all the benefits thou hast given me,

for all the pains and insults thou hast borne for me.

O most merciful redeemer, friend and brother,

may I know thee more clearly,

love thee more dearly,

and follow thee more nearly, day by day.

Amen."

3) Augustine of Hippo (345-430 AD) - for mercy & grace

"O God, our true Life,

in whom and by whom all things live,

you command us to seek you,

and you are ready to be found.

You command us to knock,

and open when we do so.

To know you is life,

to serve you is freedom,

to enjoy you is a kingdom,

to praise you is the joy and happiness of the soul.

I praise, bless, and adore you,

I worship you, I glorify you, I give thanks to you for your great glory.

I humbly ask you to remain with me,

to reign in me,

to make my heart your holy temple,

a fit habitation for your Divine majesty.

*Maker and Preserver of all things, visible and invisible,
preserve the work of your own hands,
your people who trust in your mercy alone for safety and protection.
Guard me with the power of your grace,
here and in all places,
now and at all times, forevermore. Amen."*

4) Mother Teresa (1910-1997) - to shine!
Pray this over the Trinity church family.

*"Dear Jesus, help us to spread your fragrance everywhere we go.
Flood our souls with your spirit and life.
Penetrate and possess our whole being so utterly,
that our lives may only be a radiance of yours.
Shine through us, and be so in us,
that every person we should come in contact with
may feel your presence in our soul.
Let them look up and see no longer us, but only Jesus.
Stay with us, and then we shall begin to shine as you shine;
so to shine as to be a light to others;
the light, Jesus, will be all from you.
None of it will be ours.
It will be you shining on others through us.
Let us thus praise you in the way you love best,
by shining on those around us.
Let us preach you by words and example,
by the catching force,
the sympathetic influence of what we do,
the evident fullness of the love our hearts bear for you.
Amen."*