

Monday 1st June 2020

Good morning!

Here are a couple of ways to pray today:

1) **2 Chronicles 7:14**

Let's pray slowly through this verse - which prompted the 7:14 title of this bulletin.

"If my people" - take some time to thank the Lord that you are one of 'his people', and all it cost Jesus for that to be so.

"Who are called by my name" - thank God for calling you

"Will humble themselves" - take time to do so

"And pray and seek my face" - his presence more than his gifts or blessings; worship him.

"And turn from their wicked ways" - ask the Holy Spirit to bring to mind anything that needs to be brought before the Lord

"Then I will hear from heaven" - thank him that he hears and cares

"And I will forgive their sin" - thank him for the Cross

"And will heal their land" - thank him; name some areas of 'our land' that need God's healing

2 Chronicles 7:14 God says "If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land."

2) Pray for the week ahead

Take a look at your diary for this week.

As things stand out to you - meetings, commitments, events etc - however ordinary or not - commit them to the Lord.

Ask him to fill you with his Spirit.