

Monday 8th June 2020

Good morning!

1) Let's begin on a note of **praise & thanks**

Thank God for your sleep. Thank him for this new day. Thank him for his presence and love. Make these declarations:

*"This I call to mind and therefore I have hope: Because of the Lord's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness. I say to myself, "The Lord is my portion; therefore I will wait for him." The Lord is good to those whose hope is in him, to the one who seeks him."
(Lamentations 3:21-25)*

2) Pray that **God would break into the lives of people who don't know him** and are struggling at present.....that, more than their circumstances changing, their hearts and whole lives would begin to change as they come into an awareness of the Father's love, forgiveness and saving power.

Pray especially for:

- bored teenagers
- those who have lost their jobs
- those in abusive relationships
- lonely older people

3) Commit **your day** to the Lord

Think about some of the things you'll be doing today and the people you'll be speaking to - tell Jesus about them.

Ask his blessing.

Let's make this our prayer:

Father, help me to live this day to the full,
being true to You, in every way.

Jesus, help me to give myself away to others,
being kind to everyone I meet.

Spirit, help me to love the lost,
proclaiming Christ in all I do and say.

Amen.