

Friday 12th June 2020

Good morning!

Two Psalms, as suggestions for our prayer focus today:

Ps 92 - largely **praise and thanks**

Ps 91 - largely a declaration of **God's protection**

Pray for the Lord's presence as you read.

Maybe take time to read through them slowly, pausing where you feel led, to add or reflect. Speak them out, over yourself and others you care for.

(Remember, when the Psalms talk about 'enemies', the most healthy interpretation for us is not 'people' but the enemy's activity in opposing us and all the things of God - even when that comes via 'people'!)

1) Psalm 92

- 1 It is good to give thanks to the Lord,
to sing praises to the Most High.*
- 2 It is good to proclaim your unfailing love in the morning,
your faithfulness in the evening,*
- 3 accompanied by a ten-stringed instrument, a harp,
and the melody of a lyre.*

- 4 You thrill me, Lord, with all you have done for me!
I sing for joy because of what you have done.*
- 5 O Lord, what great works you do!
And how deep are your thoughts.*
- 6 Only a simpleton would not know,
and only a fool would not understand this:*
- 7 Though the wicked sprout like weeds
and evildoers flourish,
they will be destroyed forever.*

- 8 But you, O Lord, will be exalted forever.*
- 9 Your enemies, Lord, will surely perish;
all evildoers will be scattered.*
- 10 But you have made me as strong as a wild ox.
You have anointed me with the finest oil.*
- 11 My eyes have seen the downfall of my enemies;
my ears have heard the defeat of my wicked opponents.*
- 12 But the godly will flourish like palm trees
and grow strong like the cedars of Lebanon.*
- 13 For they are transplanted to the Lord's own house.
They flourish in the courts of our God.*
- 14 Even in old age they will still produce fruit;
they will remain vital and green.*
- 15 They will declare, "The Lord is just!
He is my rock!
There is no evil in him!"*

2) Psalm 91

- 1 Those who live in the shelter of the Most High
will find rest in the shadow of the Almighty.*
- 2 This I declare about the Lord:
He alone is my refuge, my place of safety;
he is my God, and I trust him.*
- 3 For he will rescue you from every trap
and protect you from deadly disease.*
- 4 He will cover you with his feathers.
He will shelter you with his wings.
His faithful promises are your armour and protection.*
- 5 Do not be afraid of the terrors of the night,
nor the arrow that flies in the day.*
- 6 Do not dread the disease that stalks in darkness,
nor the disaster that strikes at midday.*
- 7 Though a thousand fall at your side,
though ten thousand are dying around you,
these evils will not touch you.*
- 8 Just open your eyes,
and see how the wicked are punished.*
- 9 If you make the Lord your refuge,
if you make the Most High your shelter,*
- 10 no evil will conquer you;
no plague will come near your home.*
- 11 For he will order his angels
to protect you wherever you go.*
- 12 They will hold you up with their hands
so you won't even hurt your foot on a stone.*
- 13 You will trample upon lions and cobras;
you will crush fierce lions and serpents under your feet!*
- 14 The Lord says, "I will rescue those who love me.
I will protect those who trust in my name.*
- 15 When they call on me, I will answer;
I will be with them in trouble.
I will rescue and honour them.*
- 16 I will reward them with a long life
and give them my salvation."*