

Monday 22nd June 2020

Good morning!

Praise & Prayer to start the working week...

You'll need a dice (OK, 'die' but don't be pedantic!)

1) **Praise** - enjoy reading **Psalm 19** aloud

*"The heavens declare the glory of God;
the skies proclaim the work of his hands.*

*2 Day after day they pour forth speech;
night after night they reveal knowledge.*

*3 They have no speech, they use no words;
no sound is heard from them.*

*4 Yet their voice goes out into all the earth,
their words to the ends of the world.*

In the heavens God has pitched a tent for the sun.

*5 It is like a bridegroom coming out of his chamber,
like a champion rejoicing to run his course.*

*6 It rises at one end of the heavens
and makes its circuit to the other;
nothing is deprived of its warmth.*

*7 The law of the Lord is perfect,
refreshing the soul.*

*The statutes of the Lord are trustworthy,
making wise the simple.*

*8 The precepts of the Lord are right,
giving joy to the heart.*

*The commands of the Lord are radiant,
giving light to the eyes.*

*9 The fear of the Lord is pure,
enduring forever.*

*The decrees of the Lord are firm,
and all of them are righteous.*

*10 They are more precious than gold,
than much pure gold;*

*they are sweeter than honey,
than honey from the honeycomb.*

*11 By them your servant is warned;
in keeping them there is great reward.*

*12 But who can discern their own errors?
Forgive my hidden faults.*

*13 Keep your servant also from wilful sins;
may they not rule over me.*

*Then I will be blameless,
innocent of great transgression.*

*14 May these words of my mouth and this meditation of my heart
be pleasing in your sight,
Lord, my Rock and my Redeemer." Amen*

2) Prayer Dice

Just one light-hearted but effective way to pray - very suitable for All Ages.....

Find a dice.

Write down 6 people and/or situations to pray for:

eg

- 1 = a friend who doesn't know Jesus yet
- 2 = a powerful move of the Holy Spirit in the UK
- 3 = your neighbours
- 4 = you and anyone else in your household
- 5 = health workers
- 6 = a country that is special to you

Roll the dice. Whatever number it lands on, pray for that person or situation

For example:

- Thank you for

- Bless
- Lord, show me what is on your heart for
- I ask you to

Adaptable as desired! You could use two dice, number 2-12, and add in some fun stuff (roll 8 for a sip of coffee or a bite of biscuit...?!)

Let's enjoy partnering with Jesus today in bringing something of his Kingdom through our prayers.