

Thursday 25th June 2020

Good morning!

Some prayers written by other people, as a basis for our own today.....for healing, strength, wisdom, discernment and for any with a broken heart:

1) Prayer for **healing and strength**

*"But if the Spirit of him who raised up Jesus from the dead dwells in you, he who raised up Christ Jesus from the dead **will also give life to your mortal bodies through his Spirit who dwells in you"***

(Romans 8:11 WEB)

Father, thank you that you sent your Son to bring me life

Life in the fullness

Life for eternity

Thank you that I share in Christ's resurrection life

That Christ is alive in me

And His Spirit dwells deeply in my being

Right now I receive your healing

I receive the same power that raised Christ from the grave

I receive Your life

I receive Your strength

Thank you that all things are possible for those who believe

Thank you that you are moving in me right now

May I continue to receive from you

This hour and every hour.

Amen.

2) A prayer for anyone with a **broken heart**

He heals the broken-hearted and binds up their wounds

Psalm 147:3

O Lord

There is nothing but hurt left.

I feel so broken, my heart is torn apart.

All I can do is wait.

Wait in this desolate place,

And trust that somehow you can meet me.

I feel too weak to go on.

I am like a shell, living, breathing, yet so empty.

All I can do is give up.

Give up in this heartbroken time,

And believe that somehow you can restore me.

I find the sadness overwhelming,
Like wave upon wave of emptiness

All I can do is rest.
Rest within your suffering and hope that through you -
Your love, your forgiveness and your strength -
I will wake to a new day
A new dawn for my heart and my life.
Amen.

3) Prayer for **wisdom and discernment**

*"But if any of you lack wisdom, you should pray to God, who will give it to you; because **God gives generously and graciously to all.**"*

(James 1:5, GNT)

Lord God,

We come before you,
And desire that our lives to be like an open book.
Come write your story of love across every page,
May we hear your voice of guidance in all we do.

We trust that with you we will always see the way ahead,
May our every move be at one with your will.

We know that you protect us, and keep us as we travel.
Come reveal to us all that we need to see along the way,
As we journey on this incredible adventure with you.

Amen.